



Special Sale of Blue Flame and Gasoline Stoves.



White Mountain Refrigerators and Ice Cream Freezers. Agents for Porter's Ready-made Screen Doors and Windows, Lawn Mowers, Garden Hose and Sprinklers. Also a full line of Hammocks.

E. A. PRINDLE,

Opposite Depot Square, Barre, Vt.

GREAT SLAUGHTER IN FURNITURE

My entire stock to close regardless of cost for CASH. Here are a few of the slaughtered prices:

12.50 Plush Couches at.....	\$20.25	29.00 Plush Couches, drop ends at.....	19.00
22.00 Velour Couches at.....	20.00	25.00 Velour Couches, drop ends at.....	17.00
28.00 Velour Couches at.....	18.00	24.00 Velour Couches, drop ends at.....	16.00
26.00 Velour Couches at.....	17.00	20.00 Velour Couches, drop ends at.....	14.50
24.00 Velour Couches at.....	16.00	18.00 Velour Couches at.....	13.00
9.50 Velour Couches at.....	6.00		

L. M. WILLIAMS, Household Furnisher

Registered Embalmer.

New Tomasi Block. Corner North Main and Merchant Streets.

Undertaker and Funeral Director. Ambulance Calls Promptly Attended to. Residence 25 Jefferson Street. Telephone 433-12. Store 403-2.

BUSINESS CARDS.

DR. GEORGE D. WARREN,
VETERINARY SURGEON.

Office: Page Brothers' Livery Stable. Residence: City Hotel. Tel. 106-4.

DR. C. H. KENT, Dentist.
MILES' BLOCK.

Telephone at Office and at Residence.

DR. LEWIS D. MARTIN,
ORTHOPAEDIC PHYSICIAN.

Office in Room 46, Miles' Building. Office hours, 9 a. m. to 12 m. and 2 p. m. to 4 p. m. Monday, Tuesday, Thursday and Friday. Telephone Connection.

DR. F. M. LYNDE, Dentist.

Telephone 133-21.

DR. W. O. HUTCHINSON,

Physician and Surgeon,

WASHINGTON, VT.

Office Hours: 8 to 10 a. m., 5 to 7 p. m.

Telephone Connections.

H. W. SCOTT, Attorney.

Office in Wood Block.

Over Ladd's store. Justice, notary and stenographer in office.

Merchant Tailoring

Also Cleaning, Pressing and Repairing.

MOORE & OWENS,

122 North Main St., Barre, Vermont.

D. SICKLE, MERCHANT TAILOR

Ladies' and Gentlemen's Fur Coats Repaired and Stored.

Ladies' and Gentlemen's Garments cleaned by steam, pressed and dyed. Repaired quickly done. Orders by mail will receive prompt attention. Depot Square, Barre, Vt.

PETER BOMBARD.

PAINTING, DECORATING,

Paper Hanging and Sign Painting.

97 Brook Street, Barre, Vermont.

JOHN C. DODGE,

House Painting, Paper Hanging.

All work guaranteed.

Tel. 226-12, 160 South Main St.

WILLIAM WELCH,

All kinds of Electrical Work Done.

Wiring, Gas Piping, Etc.

Wear dealers in Electrical Supplies.

Gas fixtures and Combination fixtures.

Everything modern and up-to-date.

None but expert help employed and work guaranteed. Telephone 9-12.

Office at No. 10 Elm Street, Barre, Vt.

J. W. DORNSIFE

CONTRACTOR AND BUILDER

CHURCHES AND HEAVY STRUCTURES

OF ALL KINDS A SPECIALTY

STRUCTURAL AND CONSULTING ENGINEER

BURLINGTON, VERMONT

Barre Granite Purchasing Agency,

Rooms 2, 4 and 5, Averill Bldg., Barre.

Wherever there's Pain There is the place for an Allcock's PLASTER The Standard External Remedy

BREATHING DURING SLEEP.

Exercise, Compelling Deeper Inhalation at Night, Valuable in Its Tonic Effects.

The importance of proper respiration during sleep is dwelt upon by Dr. J. H. Kellogg in an article on "Unconscious Respiration," contributed to Good Health. Dr. Kellogg notes that during sleeping hours the breathing movements are more superficial and slower than when one is awake and active. The lungs influence the activity of every organ and every cell in the body, and consequently lessened breathing during sleep slows down every function. He goes on:

"It is necessary that activity should be lessened in order that sleep and rest may be secured, but the work of the liver, kidneys, and the repairing work of the living cells goes on during sleep, and this requires oxygen. Hence the body should be supplied with an abundance of fresh air during sleep by proper ventilation of the sleeping rooms. The last time experienced on rising in the morning after sleeping in a close, overheated room is evidence of the injury resulting from such practice. The temperature here above 60 degrees F. when a higher temperature can be avoided, and a lower temperature will be found beneficial. Sleeping in cool air, provides the body is kept warm, is far more refreshing, invigorating and energizing than in a warm atmosphere. Cold air has a tonic effect upon the tissues which is highly beneficial."

The amount of air taken in during sleep may be remarkably increased, Dr. Kellogg goes on to say, by developing the vital capacity and the activity of the lungs through suitable exercise. He says:

"An eminent French physiologist found that the amount of air taken into the lungs during sleep was doubled in students whose general breathing capacity had been increased by exercise. Exercise in a gymnasium, chopping and sawing wood, digging, laundry work, scrubbing, running of errands—all sorts of active housework and farm work—are excellent means of developing the chest. Any exercise which accelerates the breathing, compelling deep, full breathing, is valuable as a means for developing the lung capacity. "Languor, nervousness and mental cloudiness are driven away by the increased ventilation of the body secured by deep breathing. The pure oxygen taken in burns up the rubbish which obstructs the brain and the tissues, while the deep breathing movements accelerate the circulation drawing the impure blood toward the chest for purification, and so cleansing the tissues of the paralyzing poisons which are sure to accumulate in them unless constantly removed by vigorous movement of the blood and energetic breathing. The heightened color of cheeks, the increased lustre of eye and general buoyancy of feeling which follow a brisk walk on a frosty morning are evidences of the benefits that are to be derived from taking into the body an increased supply of oxygen through active breathing. "While the lungs are to some extent subject to voluntary control, their action is, like that of the heart, automatic. During sleep, as well as during the waking hours, their movements are carried on with rhythmic regularity, except when necessarily interrupted by speech, and without and conscious or voluntary effort."

EVERYBODY LIKES GOOD PIE

There is no longer any excuse for poor pies on your table, as you should follow the lead of the million who are eating the delicious D-Zerta Chocolate Cream Pie. Try this recipe:

D-Zerta Chocolate Cream Pie.
Prepare a package of D-Zerta Chocolate Pudding according to directions on package. Add one cup of sugar, and mix thoroughly. This has been baked. Cover with meringue made with the whites of two eggs. This makes two large or three small pies.
All the five flavors—Lemon-Tapioca, Vanilla, Orange-Macaroni, Chocolate and Strawberry, can be used in the same way, and has, in addition, the added advantage of being a cake filling. D-Zerta Pudding is also used as a cake filling, and for a pudding itself. Simply add a quart of milk to contents of one package, bring to a boil, cool and serve with cream and sugar. Order from your grocer. See pie package.

THE NEW Hotel Albert

NEW YORK

A Modern FIRE PROOF Hotel—a dining room that is famous for its excellent food and moderate prices. Rooms are comfortable, clean, and well-furnished. The hotel is located in the heart of the city, and is within easy reach of all points of interest. The hotel is managed by a first-class staff, and the service is of the highest quality. The hotel is a most desirable place for a stay, and is highly recommended by all who have visited it.

ROOMS, \$1.00

WITH PRIVATE BATH, \$2.00

WITH DETACHED BATH, \$1.50

Quiet and Comfort! Within easy walking distance of the Grand Department Stores. View of the city from the hotel. The hotel is a most desirable place for a stay, and is highly recommended by all who have visited it.

The Best Hotel Value in New York City

Guide Book of New York City sent FREE, on request

CENTRAL VERMONT RAILWAY COMPANY.

Corrected to October 9, 1905.

Passenger Trains leave Barre as follows:

12.01 Midnight—Daily, Boston, Springfield and New York. Daily express. Sleeping cars to Springfield. Daily morning train to Boston, Springfield and New York, and to Montreal with train leaving at 2.26 a. m. for Montreal and the West.

4.00 a. m.—Week days only for Williams town.

8.25 a. m.—Week days only. Connects at Montpelier Junction with mail train for Boston, Springfield and New York, and to Montreal with train leaving at 9.00 a. m. for Montreal and the West.

11.55 a. m.—Daily, Boston, Springfield, New York and New London. Daily express. Cafe parlor car Montpelier Junction to Boston. Parlor car Montpelier Junction to Springfield.

1.08 p. m.—Week days only. For Williams town.

3.10 p. m.—Week days only. Mail train for Burlington, St. Albans, Cambridge Junction, Ogdensburg, Richford and Montreal. Parlor car to Montreal from Montpelier Junction.

4.15 p. m.—Week days only. For Williams town.

5.30 p. m.—Daily, Montreal and Chicago fast express. Connects at Burlington with local train for Rutland. Cafe parlor car Montpelier Junction to Montreal and Pullman sleepers to Chicago.

Trains reach Montpelier about 30 minutes after leaving Barre.

G. O. JOSE, General Manager.

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ABOUT THE STATE.

Items of Interest Gleaned From Our Exchanges.

F. G. Fleetwood, of Morrisville, secretary of state, has this far issued 642 automobile licenses this season.

A feature of the annual meeting of the Vermont Eclectic Society, to be held in Burlington June 4 and 7, will be an address by John H. Senter, of Montpelier, on "Medical Knowledge of Shakespeare."

The case against Dr. H. H. Read, of Shelburne, for alleged cruelty to a horse, which was to have been tried Saturday, has been continued until June 4 at the request of Doctor Read, one of his principal witnesses, Dr. G. A. Miller, being in New York.

Prof. G. H. Perkins, state geologist, of Burlington, has placed in the museum of the state house, Montpelier, a beautiful collection of lava which he secured last summer during his visit to the Hawaiian islands. The exhibit is attractively arranged and has already been visited by a large number of people.

Martin Beleska of Burlington, found an odd appearing bird in his hen yard Tuesday when the stranger refused to leave the domestic fowls he tried feeding it. It would not eat, however, and so he put the bird in a crate and took it to Eugene Gosselin's store, where it is now on exhibition. The bird is about the size of a partridge, is dark blue in color, and has a long red beak with a yellow tip. It has dark green legs and a blunt tail. It refuses to eat anything offered.

Chicago Loves a "Lady." There lives a man in a padded cell, All for the love of a lady, And yonder is one who will some day dwell In the darkest pit of the deepest hell; Yet there he will go, as his soul is tossed, Because of the chance of heaven he lost, All for the love of a lady.

There is a man who is maimed and scarred, All for the love of a lady, And yonder is one who is toiling hard, With hands that labor has sadly marred; Fortune and honors and friends he gave, Choosing the path of the driven slave, All for the love of a lady.

There is a man who is proud and strong, All for the love of a lady, With a kindly manner he moves along, Chosen to rule o'er the plodding throng; Wondering why men ever despair, And deeming the world enchantingly fair, All for the love of a lady.

—Chicago Record-Herald.

Of course you pay your money,

But you get your money's worth,

For what does money mean to you,

When Rocky Mountain Tea's on earth?

D. F. Davis and E. A. Drown.

EVERYBODY LIKES GOOD PIE

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Cor. 11th Street and University Place.

(One block from Broadway Car.)

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